

Support Groups In The Omaha/Council Bluffs Area

For Additional Information Contact Mo McAndrews At (402)354-3333

<u>For</u>	<u>Name of Group</u>	<u>Location</u>	<u>Contact</u>	<u>When</u>	<u>Notes</u>	<u>Sponsor</u>
Adult Whose Family Member or Friend Has Died	After Care Grief Support Group	Crown Point Retirement Center 2820 S 80th Street	Sharon Zehnder @ (402)391-3900	Second Sunday of Each Month At 6PM		Heafy-Heafy-Hoffman-Dworak-Cutler Funeral Chapel
	After Care Grief Support Group	The Center 714 S Main St Council Bluffs	Rev.Dick Sladsky (402)322-7779	Second and Fourth Thursdays Each Month 430-6PM		Cutler-O'Neill-Meyer-Woodring Funeral Chapel
	6 Week Bereavement Support Group	St Andrews Episcopal Church 925 S 84th Street	Sandy (402)354-3200; Jayne (402)930-4261; Peggy (402)898-8150	Six Week Sessions in Fall and Spring	Pre-registration Required; Please call for dates and times.	Methodist, Alegent and VNA Hospices
	Adult Grief Support Group	John A Gentleman 1010 N 72nd Street	Rosemary Brownrigg (402)391-1664	Wednesdays at 2-315PM	Six Week Sessions	John A Gentleman Mortuaries
	Adult Grief Support Group	John A Gentleman 14151 Pacific Street	Rosemary Brownrigg (402)391-1665	Thursdays 7-815PM	Six Week Sessions	John A Gentleman Mortuaries
	Grief Recovery Outreach Program	Midlands Community Hospital	Mary Pat Guerrier (402)339-3232	Starts Tuesdays in November Open seminar, followed by 10 week program	\$10 per session. Call to register.	Papillion Kahler-Dolce Mortuary
	Surviving Bereavement: Life Continues	Holling Education Center, Immanuel 6901 N 72nd Street	Linda Dempsey (402)572-2933	Thursdays 6-7:30PM; Fall and Spring	\$20; Six Week Series	Alegent Health
	GriefShare	Various Locations	Kay Jatton (402)598-6251	13 week video series	www.griefshare.org	GriefShare
	H.U.G.S. Healing and Understanding Grief Supportively		Doris Mooreat (402)502-9788	Second Saturday Each Month 9-10AM		Center for Holistic Development

	Walking Through the Valley Grief Support Group	Crown Point Retirement Center 2820 S 80th Street	Mo McAndrews (402)391-3900	Second and Fourth Thursdays Each Month 10-1130AM		Heafy-Heafy-Hoffman-Dworak-Cutler Funeral Chapel
	Coping	Call For Location	Pat Seier (402)551-9003	Seasonal.	Six Week Educational and Support Group	Family Life Office, Archdiocese of Omaha
	Grief Support	Braman Mortuary 6505 144th Street	Jane Dugan (402)895-3400	Last Tuesday Each Month 130-3PM		Braman Mortuary
	Bereavement Support Group	Call for Location	Tonya Schroeder (402)344-2242	Saturdays 10AM	Six Week Sessions	The Leukemia And Lymphoma Society
	Understanding Grief	Council Bluffs Library 400 Willow Avenue Council Bluffs, IA 51503	Greg Kuipers (712) 325-6802 or Linda Schlafer (712) 352-1389	Spring & Fall	Ten Weekly Sessions, Pre-registration is required, please call for an appointment	Hospice of Southwest Iowa & Hospice with Heart
Widows and Widowers	Care and Share Widows Group	2808 Avenue E Council Bluffs, IA	Jeri Hurd (712)322-8448	Third Friday Each Month 10AM		Church of the Brethren
	Beginning Experience Weekend	Call For Location	Pat Seier (402)551-9003	Weekend Support Group	\$100. For those who have already gone through the initial stages of grief. Call for Info.	Family Life Office, Archdiocese of Omaha
	Widowed and Divorced Catholics (Open to all denominations)	St James Center 9212 Tomahawk Blvd	Pat Seier (402)551-9003	Second Tuesday Each Month at 730PM	Other Social Events at Various Times	Family Life Office, Archdiocese of Omaha
Support Groups In The Omaha/Council Bluffs Area	Omaha Chapter of Living Information for Today (LIFT)	Venice Inn 6920 Pacific Street	Dave Dickbernd (402)339-3232	First Thursday Each Month 1130AM		Crosby-Burket-Swanson Funeral Chapels and Kahler-Dolce Mortuary

	THEOS, They Help Each Other Spiritually	First Church of the Cross 1517 S 114th Street	Dorothy Hadley (402)399-0759; Mary Janca (402)393-3052	Second Monday Each Month 7PM	Other Social Activities.	First Presbyterian Church of the Cross
	Widowed Persons Service	The Nebraska Respite Network 808 S 74th Street	Linda Krause (402)397-4440	Call for Times		
Children Ages 5-19 Who Are Adjusting To A Death	Who Am I Now? (Ages 4-15)	Call For Location	Pat Seier (402)551-9003	Six Week Coping Program Held in the Summer	Open to All Denominations. Cost is \$10.00 for one child or \$15.00 for a family. Must Register.	Family Life Office, Archdiocese of Omaha
	Rainbow Program	Call For Location	Pat Seier (402)551-9003	Call For Information	Program that Visits Schools; Public and Private	Family Life Office, Archdiocese of Omaha
	Living With Loss Too	Children's Hospital	Call For Information (402)955-5661	Tuesdays 7-830PM	7 Week Program in Spring and Fall for Children Who have Lost a sibling	Children's Hospital
	Ted E Bear Hollow	Ted E Bear Hollow 7811 Farnam St	(402)502-2773	Call For Information (Various Groups and Activities)	www.tedebearhollow.org	Ted E Bear Hollow
Children of Parent with Cancer	Just for Kids and Teen Connection	Bergan Mercy	Cindy Bang (402)332-4420	Call For Details		Alegent Health
Parents Who Have Lost a Child	Living With Loss	Children's Hospital	Pastoral Care (402)955-5661	Tuesdays 7-830PM	7 Week Program in Spring and Fall	Children's Hospital
	Compassionate Friends	Various Locations	Call For Information (402)571-4011	Call For Information	www.tcfomaha.org	The Compassionate Friends
	SHARE: Miscarriage, Stillbirth or Neonatal Death	Private Residence, Council Bluffs	Peggy Golden (712)322-4464	First Wednesday Each Month 730PM		Lay Facilitators

	HUGGS; For Mothers Who Have Lost a Baby During Pregnancy or up to 1 Year of Age	NE Children's Home Society 3549 Fontenelle Blvd. Omaha	Teresa (402)444-7475	Tuesday Nights Meal & Meeting 6-8PM. Spring and Fall		Baby Blossoms; Douglas County Health Dept
Adults Affected By Babies Who Have Been Shaken (Death or Handicapped)	Progressions	Call For Location	Nathalie Hadley (402)332-4429	Monthly		
Adults Affect by Loss of Infant due to SIDS	SIDS Support Group	Various Locations	Nathalie Hadley (402)332-4429	Monthly		NE SIDS Foundation
Loss Due To Suicide	SOS: Survivors of Suicide	Call For Location	Fred Henninger (402)558-4816	Third Tuesday 730	Call Before Attending	First Christian Church
	POST (Parents of Suicides Together)	Call For Location	Laraine Peck (402)496-0309 lpeck@tconl.com	Ladies Lunch - Last Saturday Every Month 1230PM		POST
	POST (Parents of Suicides Together)	St Andrews Episcopal Church 925 S 84th Street	Laraine Peck (402)496-0309 lpeck@tconl.com	Second Tuesday Each Month 7PM		POST
Loss Due To Homicide	PULSE: People Uniting Lending Support and Encouragement	Call For Location	Sadie Bankston (402)706-1861	Call For Information		
Pet Loss	Pet Loss Support Group	NE Humane Society 8929 Fort Street Omaha	Teresa Freeman (402)658-8272 tfree991@yahoo.com	First Saturday Each Month 10AM		NE Humane Society
Resources On Grief	Centering Corporation	Centering Corporation 7230 Maple Street Omaha NE	Toll Free (866)218-0101 Fax (402)553-0507		www.centering.org	